2019 Wellness Screenings—Sign up Now!

It's that time again! The 2019 Workplace Wellness Screenings are starting soon.



The City of Fort Wayne will once again be offering full-time employees the opportunity to participate and receive a 10% credit toward your 2020 health insurance deductible. Employee's Spouses and Retirees that are on the City's health plan can also participate. Results are <u>CONFIDENTIAL</u> and will be mailed to your home address by Parkview.

The following tests will be done—ALL AT NO COST TO YOU!!!

- Chem 30 Preventive Health Screening Panel (Glucose, Total Cholesterol/HDL Ratio, LDL)
- Complete Blood Count (CBC)-Red and White Blood Cells, Hemoglobin, Hematocrit, Platelets
- ♦ A1C Glycohemoglobin-used to diagnose Diabetes
- TSH (Thyroid Stimulating Hormone)-used to diagnose Hyperthyroidism or Hypothyroidism
- PSA-For males over 50, or with a family history of prostate disease and/or cancer

You will be able to schedule your appointment online for most locations. Please go to the Benefits website at: www.cityoffortwayne.org/citybenefits to access the links and schedule your appointment.

Online Registration

Animal Care & Control- 9/12

3020 Hillegas Rd 8:30am - 10:30am

Police 2nd Shift-9/12

3202 S Calhoun 2:00pm - 3:00pm

Citizens Square #1-9/13

Dining Room-Garden Level

6:30am - 9:30am

Citizens Square #2-9/26

Dining Room- Garden Level 6:30am - 9:30am

Police 1st Shift-10/4

Basement-Ed Rousseau Blvd 7:00am - 9:00am

Citizens Square #3-10/10

Dining Room- Garden Level

6:30am - 10:00am

- Select the Service (your location name) from the dropdown box.
- 2. Select the Package (Package C).
- 3. Choose the date from calendar shown
- 4. Select an appointment time
- 5. Click NEW USER and fill in each field
- 6. Click FINALIZE APPOINTMENT and you are done!

Online registration will close $\underline{\mathbf{8}}$ days before the screening date so please register early to get your desired appointment time. Contact the Benefits Department for available times once registration has closed.

Registration through Benefits Department

Water Maintenance - 9/20

415 E. Wallace 7:30am - 8:30am

6:30am - 8:30am

7:30am - 8:30am

Parks - Lawton Park-9/24 1900 N. Clinton St

WPC Maintenance - 10/2 415 E. Wallace WPC Plant - 10/11 2601 Dwenger Ave 7:00am - 8:00am

Street - 10/18 1701 Lafayette 6:30am - 7:30am Sign up sheets will be available in these departments or you can call 427-6910 or 427-2634

