

2022 City of Fort Wayne Wellness Screening



Your company has selected the following locations & dates for your wellness screening:

Date	Time	City of Fort Wayne Location
August 11, 2022	6:30 am – 10:00 am	Citizens Square – Omni Room
September 2, 2022	6:30 am – 10:00 am	Citizens Square – Omni Room
September 7, 2022	6:30 am – 10:00 am	Citizens Square – Omni Room
September 27, 2022	6:30 am – 10:00 am	Citizens Square – Omni Room

Signups will close at 12:00pm on:

8/3/22 for 8/11/22 event
8/25/22 for 9/2/22 event
8/30/22 for 9/7/22 event
9/19/22 for 9/27/22 event

The following link will take you to the City of Fort Wayne Portal that allows you to schedule your wellness screening.

City of Fort Wayne Portal Link:

<https://cityoffortwayne.personalhealthportal.net/>

First Time Portal User: Scroll down and choose "Get Started" if this is your first-time logging into the portal. Validate the information in the system by verifying legal first and last name, date of birth, zip code, and last 4 of SSN/employee id. This information must match the information provided by COFW HR system.

Returning Portal User: If you are a returning user to the portal, log in using your username and password. If you're unsure of what these are, click 'Forgot Username' or 'Forgot Password' at the bottom. If you do not receive an email with temporary access, please contact the Help Desk at: 888-271-7645.

Scheduling your 2022 Wellness Screening

1. On the Home page, locate the "Register for Health Screening" widget.
2. Scroll down and click "Registration".
3. Next, you will select your preferred screening date from the options and choose your appointment time.
4. Click "Register for This Time".
5. Select the correct lab packaging. Lab package descriptions found on page 2 of this document.
6. Click "Register" and you are finished!

Occupational Health Clinic Option

Please refer to the information you received from your HR contact. Please schedule your appointment between 8/11/22 – 9/30/22. The deadline to participate in the wellness screening at Parkview Occupational Health Clinic is 9/30/2022.

Lab Testing Package Options

Please review the below testing packages offered to City of Fort Wayne employees & plan spouses only

Parkview Diamond Package: FREE

- Lipid Profile (Total Cholesterol, HDL, LDL, Triglycerides, Cholesterol/HDL Ratio)
- A1C Glycohemoglobin-used to diagnose Diabetes
- Complete Metabolic Screening Panel: Glucose (Blood Sugar), Sodium, Creatinine, Calcium, Albumin, Bilirubin, Alkaline Phosphatase, AST, ALT, Chloride, Blood Urea Nitrogen (BUN), Protein and Globulin
- Complete Blood Count (CBC), includes:
 - White Blood Cells, Red Blood Cells, Hematocrit, Platelets, Hemoglobin
- TSH 3rd Generation Thyroid Stimulating Hormone-used to diagnose Hyperthyroidism or Hypothyroidism
- PSA-For males over 55, or with a family history of prostate disease and/or cancer

Additional tests available as add-on to the package above:

(ADD ONS ONLY AVAILABLE FOR ON-SITE SCREENING, NOT AVAILABLE FOR CLINIC OPTION)

- Vitamin D - \$10
- Iron - \$10
- C-Reactive Protein (a protein that measures inflammation levels in the body) - \$10
- B-12 - \$10
- Folate - \$10

**Payment for onsite add on labs will be collected at the event by Parkview. Please note, Parkview does not accept cash, check or American Express; only credit, debit, or HSA cards accepted.*

Review Results

Your lab and biometric results from this screening will be viewable in your COFW Wellness portal account within 24-48 hours following your appointment.

If requested at registration, you will also receive a copy of your results by mail.

We encourage you to meet with your primary care provider to review your results.

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