



# Benefits designed to help protect eye health at every life stage

Eye or vision changes may be more frequent for those who are pregnant or breastfeeding—and for growing kids, too. So it's good to know your UnitedHealthcare Vision plan includes expanded benefits designed to support optimal eye health when it may be needed most.

These expanded vision benefits for those who are pregnant or breastfeeding—as well as covered children up to age 13—are included at no additional premium cost:

- **Coverage for a second eye exam**

If you notice changes to your vision during the plan year, you can get your eyes checked a second time without paying an additional premium; standard copays apply.

- **Coverage for 1 new pair of glasses (frames and lenses)**

If your prescription changes .5 diopter\* or more in a plan year, you can get new glasses without paying an additional premium; standard copays apply.

## Find a nearby provider

See doctors at over 165,000 locations<sup>1</sup> across the country. Visit [myuhcvision.com](https://myuhcvision.com) to find an eye doctor near you.

### Did you know?

**14%** of those who are pregnant experience a change in their vision<sup>2</sup>

### The importance of vision care for kids

Fewer than

**15%** of preschool children get an eye exam, and

Up to

**75%** of school vision screenings miss vision problems<sup>3</sup>

## Noticing vision changes?

Schedule an eye exam for yourself or your child

**United  
Healthcare**

\*Refractive changes less than 0.50 diopter are considered normal variations and do not require a change in lenses.

<sup>1</sup> Network snapshot report (internal report), July 2023.

<sup>2</sup> Baby Center. Vision changes during pregnancy. [babycenter.com/pregnancy/your-body/vision-changes-during-pregnancy\\_1456567](https://www.babycenter.com/pregnancy/your-body/vision-changes-during-pregnancy_1456567). Accessed October 2023.

<sup>3</sup> American Optometric Association. School-aged vision: 6 to 18 years of age. [aoa.org/healthy-eyes/eye-health-for-life/school-aged-vision?sso=y](https://www.aoa.org/healthy-eyes/eye-health-for-life/school-aged-vision?sso=y). Accessed July 2023.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX, VPOL.13.TX or VPOL.18.TX and associated COC form number VCOC.INT.06.TX, VCOC.CER.13.TX or VCOC.18.TX. Plans sold in Virginia use policy form number VPOL.06.VA, VPOL.13.VA or VPOL.18.VA and associated COC form number VCOC.INT.06.VA, VCOC.CER.13.VA or VCOC.18.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.