

# Parkview Employee Assistance Program

## Locations

### Fort Wayne-North

10620 E. Corporate Drive., Suite E  
Fort Wayne, IN 46845

### Fort Wayne-Central

2500 E. State Blvd.  
Fort Wayne, IN 46805

### Huntington County

2855 N. Park Ave., Suite 102  
Huntington, IN 46750

### LaGrange County

207 N. Townline Road  
LaGrange, IN 46761

### Noble County

1844 Ida Red Road  
Kendallville, IN 46755

### Whitley County

885 Connexion Way  
Columbia City, IN 46725



**PARKVIEW**

EMPLOYEE ASSISTANCE PROGRAM

(260) 266-8060

(800) 721-8809

[www.parkviewtotalhealth.com](http://www.parkviewtotalhealth.com)

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# Helping You Weather Life's Storms

Parkview Employee Assistance Program



**PARKVIEW**

EMPLOYEE ASSISTANCE PROGRAM

**When facing life's storms, it's comforting to know that you have somewhere to turn – Parkview Employee Assistance.**

## **An important resource**

No one is immune to hardship. Your employer agrees. That is why they are providing the Parkview Employee Assistance Program (EAP) for you and your family members at no cost. This confidential service can be of great value as you work through life's storms.

## **Private and professional**

All of our EAP services are kept confidential. In fact, no information about you or your participation in the program is released without your written consent. Your participation in the EAP program will not be shared with your supervisor.

## **Help in any situation**

The Parkview Employee Assistance Program can help you and your family members with a variety of difficult situations. The EAP counselors are knowledgeable in a variety of areas, including:

- Crisis intervention
- Family and marital problems
- Alcohol and drug dependence
- Personal and work stress
- Divorce survival

- Troubled teenagers
- Emotional difficulties

EAP also gives you access to financial counselors who are able to help you:

- Create a family budget
- Manage your debt
- Prepare for home ownership
- Devise a college savings plan
- Plan for retirement and long-term care needs
- Deal with other financial issues

Often the best approach includes short-term counseling sessions with an EAP professional. There may be times an individual requires a referral to another professional or agency better suited to address the situation. Should the need arise, your insurance benefits and coverage would be considered.

## **Simple**

When you or your family member calls for an appointment with an EAP counselor, your appointment will be scheduled as promptly as possible.

At the appointment, you will meet with a trained professional who will help assess your situation. He or she will assist you in determining the steps necessary for resolving the issue.

Your confidential EAP services are provided by your employer at no cost to you.

## **Flexible**

The Parkview Employee Assistance Program counselors will make every effort to find an appointment that fits easily into your schedule. Confidential appointments can be made by you or any member of your household.

**According to the National Institutes of Mental Health, an estimated 26.2 percent of Americans ages 18 and older suffer from an undiagnosed mental disorder in any given year.**

Call Parkview Employee Assistance today. Together, we will ride out life's storms.

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